

REST & RESET 'RETREAT-LITE' PRICE LIST (7 nights)

Our pricing packages listed below are based on sole occupancy for each accommodation type (except two bedroom apartment). There is a 5% discount for group bookings of 2 people or more, in separate rooms. There is an additional discount of 10% for people who wish to share a double or twin room (therefore shared rooms are 15% less than sole occupancy rooms – prices shown in brackets below).

INCLUSIVE RETREAT COSTS by Room Type

- Luxury camping bell tent €1030 (€875 shared occupancy)
- Luxury camping cabin tent €1100 (€935 shared occupancy)
- Double or twin bedroom villa room €1170 (€994 shared occupancy)
- One bed self-contained 'rustico' apartment €1380 (€1173 shared occupancy)
- Two bedroom self-contained villa apartment (price on enquiry)

Villa rooms include shared bathrooms (2 modern bathrooms between 4 people), kitchen & extensive terraces. There is also access to a small swimming pool for villa room guests.

Self-contained apartments include private ensuite bathroom, kitchen and terraces.

Luxury camping tents include private decking terrace, shared meadowland kitchen, shared meadowland eco toilet and shower, and shared camping shower/toilet block.

All room types and shared spaces are cleaned on daily basis.

For the Rest & Reset 'Retreat-Lite' seven night inclusive retreat, price includes accommodation, breakfast and banquet dinner. Optional picnic lunch provided on request. Optional activities include daily meditation and cold water bathing, two guided hikes (& wild swimming) and two cookery classes. Yoga classes can also available on request. Price does not include flights, transfers or extra nights.

FLIGHTS & TRANSFERS

- Flights available to Genoa or Nice Airport – Easyjet, Ryanair and Vueling from Manchester, London Stansted or Gatwick (& others). Approximate return costs inc. luggage £100. Self-booking required.
- Transfers available on request
 - From Nice or Genoa Airports €65, min. 2 persons
 - From Imperia train station €20, min. 2 persons
- Car hire available at all airports
- On site free parking available